



Weekly eWheel for the

Rotary Club of St. Joseph- Benton Harbor



Michigan, USA • District 6360 • Chartered 1918

MARCH 19, 2018

We're enjoying more sunny days now that the season has officially turned to spring. Unfortunately, the temperatures don't seem to have gotten the memo...

NOT JUST HORSING AROUND



There are many different reasons why someone might seek treatment through TEC. To name a few:

- Autism Spectrum Disorder
- Down Syndrome
- Cerebral Palsy
- Hearing Impairment
- Visual Impairment
- Speech Impairment
- Developmental Delay
- Learning Disabilities
- Emotional and Behavior Challenges
- Paralysis

There are five main programs at TEC:

1. Year-round therapeutic horseback riding
2. School based programs: Saddle STARS, Ride with PRIDE
3. Community based instruction
4. Camp TEC - summer day camps
5. TEC with VETS

Our guest speaker this week was Rotarian Autumn Zick, president of Therapeutic Equestrian Center (TEC). She has 40 years experience teaching therapeutic equestrian and was actually the first certified instructor in Berrien County.

Autumn shared the story of Alex. He's a little boy with cerebral palsy who needed to build up his core strength and has been coming to TEC every Saturday morning. The TEC team has seen his confidence grow as he's able to sit up straighter and give the horse commands and trot with the horse after just a few weeks.

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IMPORTANT DATES

WEEKLY MEETINGS NOW BACK AT THE HERITAGE MUSEUM

- ❖ 3/26 Meeting: Mike Moyer, Viticulture Program at LMC
- ❖ 3/28 March Board Meeting, 7:30 AM at Area Agency on Aging
- ❖ 4/2 Meeting: Tyrone Dobson, Alliance for the Great Lakes
- ❖ 4/9 Meeting: Michelle Pschigoda, Bethany Global Non-Profit
- ❖ 4/16 Meeting: Rotary Essay Contest
- ❖ 4/23 Meeting: TBD
- ❖ 4/25: April Board Meeting, 7:30 AM at Area Agency on Aging
- ❖ 4/30 Meeting: Law Day
- ❖ 5/4: Rotary Track Meet at SJHS Dickenson Stadium

**SAVE THE DATE - JUNE 16, 2018
CELEBRATING A CENTURY OF SERVICE**

WE NEED TO HEAR FROM YOU!

As a sponsorship for the 100-Year Anniversary Rotary Event, Mid-West Family Broadcasting is providing a generous advertising package. In order to create the content for these air spots, we want to understand, from our members, what Rotary has meant to you and what are the milestone or memorable moments from our collective history.

[CLICK HERE FOR THE SURVEY](#)

JOKE OF THE WEEK



RIBBONECTOMY

We had three Rotarians get their yellow “New Member” ribbons removed this week. Congratulations to Trevor Kubatzke (sponsored by Charles Jespersen), Steve Borre and Cindy Igoe (both sponsored by Jackie Huie).

VENUE UPDATE

Special thanks to the ad-hoc committee who has done a ton of research over the past few months to look at all costs, accommodation needs, alternatives and various other details as they pertain to our meeting location. Please take a moment to thank Wendy Edwards, Jan Ferguson, Matt Hanley, Charles Jespersen, Maria Kibler, Emily Kirchner, Patti Kutz, Lori Marciniak, Rick Villa and Allan Westmaas for their time and effort.

The committee has decided, and the board approved, that we will return to The Heritage Museum & Cultural Center, effective 3/26. The cost per person is \$13 which includes both the cost of lunch and costs relating to the venue and Heritage staff. **So even if you do not eat lunch during the meeting, you are still expected to pay the \$13.**

Rotary



THE FOUR-WAY TEST

of the things we think, say or do

- 1 Is it the **TRUTH**?
- 2 Is it **FAIR** to all concerned?
- 3 Will it build **GOODWILL & BETTER FRIENDSHIPS**?
- 4 Will it be **BENEFICIAL** to all concerned?



THE
HERITAGE

MUSEUM AND CULTURAL CENTER

Honor the Past. Embrace the Future.



ROTARY HERO...OR HEROINE, IN OUR CASE, HAS BEEN NAMED

Each year, every Rotary Club has the opportunity to name their “Rotary Hero” to be recognized at the District level. This year, The Rotary Club of St. Joseph-Benton Harbor has selected Emily Kirchner.

Emily hit the ground running when she joined Rotary, being one of the first to volunteer where she can help, and certainly not being someone who is afraid of hard work. She took our weekly electronic newsletter, the eWheel, to a new level of excellence in communications. She has taken our external media and public relations to a new high for our club and our multiple Interact Clubs as well as keeping our website up to date. She is also an extremely active board member.

She doesn't stop at Rotary or her role at Whirlpool Corporation! Her “hobby job” is choreographing for local musicals and has worked with Lake Michigan College, Children's Music Workshop, South Bend Civic Theatre, St. Joseph High School, TeenStock and Twin City Players.

What Rotarians and friends say about Emily: Effervescent. Vibrant. Enthusiastic. Versatile. Expressive. Loyal. Ernest. Vivacious. Driven. Engaging. Energetic. Heroic. Energized. Unstoppable. Ebullient. Thorough. Extraordinary. Impactful. Exuberant. Reliable. Endearing. Trustworth. Excels. Exemplary “Service about Self.” And we refer to her as Emily Kirchner--“Difference Maker.”

Emily will be recognized at the District Conference on April 21 in Grand Haven.



SAVE THE DATE!

The Rotary Track Meet is scheduled for May 4 and will be held at Dickenson Stadium at St. Joseph High School. More details coming soon!



HAVE YOU BEEN TO VIETNAM?

Charles Jespersen and his wife Lorraine will be traveling there this year and are looking for ideas/advice from any Rotarians who have been there. Email ideas to Charles at czj1270@sbcglobal.net.



WELCOME BACK BOB!

We had a standing ovation to welcome back Bob Peirce to our club this week. Bob expects to be back to joining us on a regular basis. We are sure happy to have you back!!

100-YEAR CELEBRATION UPDATE

Meetings of the 100-Year Celebration committee will be taking place every other Monday. All meetings will be at 11:00 AM and will be held at the church until there is a change in our meeting venue.

Please mark the following meeting dates on your calendar:

April 2, 16 and 30

May 14 and 21 (no regular meeting 5/28)

June 4 and 11 (last Monday before event)

With so few meetings left to pull everything together, the committee would greatly appreciate any additional collaborators. Please feel free to join any meeting or to connect with Dave Peterson (dpeterson@lawssa.com) directly for more info.

The Rotary Club of
Saint Joseph - Benton Harbor

100
Celebrating a Century of Service

**EVENT SPONSORSHIPS ALSO STILL AVAILABLE -
CONTACT DAVE FOR MORE INFO**



CONGRATS ON COLLEGE GAME NIGHT

Congratulations to the Interact Club on a successful College Game night. The team is still tallying the total amount raised and we will share that information with you as soon as we can. Special thanks to all the Interact members and advisors who organized the event and to all the Rotarians who supported those efforts.

CELEBRATING 100 YEARS Pearson Construction going strong three generations in



ROTARIANS IN THE NEWS

Congratulations to Burt Pearson on the coverage in The Herald-Palladium about Pearson Construction celebrating 100 years in our community! [CLICK HERE](#) to read the full story.



MEMBERSHIP MEETINGS

Open Membership Committee Meetings will be held every third Wednesday of the month at 12:00 PM at Villa Environmental Consultants at 215 Colfax in Benton Harbor. Bring your lunch and share your thoughts and ideas with the team.

WHY I GIVE

I had the unfortunate opportunity to spend time at the Hanson Hospice Center recently while visiting a good friend of mine who was losing her fight against ovarian cancer. Every time I went to that facility, I saw this sign:



It was a very sad time, but seeing this sign gave me a great sense of pride and reminded me that being a Rotarian is more than just having lunch once a week. The things we do and organizations we support make a real difference in our community.

When the board was asked, at our December meeting, to support the SJBHRC Foundation, I had my check written out before J.C. finished his sentence.

I'm sharing my story for two reasons: 1. I want to personally, as a Rotarian and as a board member, encourage you to support the 2018 pledge drive and 2. I want to hear your story.

Have you or your friends or family had a personal experience with an organization that's received foundation funding? Do you feel strongly motivated about supporting our foundation and want to encourage others? Send me an email at RotarySJBH@gmail.com and we'll share it here in the eWheel (can share anonymously by request) so that we can help the 2018 pledge drive be a huge success and continue to make a greater impact in our community.

Emily M. Kirchner

LOCAL CLUB MEETING DAYS, LOCATIONS & TIMES

- ❖ Benton Harbor-Sunrise, Wednesdays, 7:00 a.m., Elks Lodge, 601 Riverview Drive, Benton Harbor
- ❖ Lakeshore, Thursdays, 12:12 p.m., First Church of God, 5767 Red Arrow Highway, Stevensville
- ❖ Paw Paw Lake, Wednesdays, 12:00 p.m., Lakeland Medical-Watervliet, 400 Medical Park, Watervliet
- ❖ Harbor Country, Fridays, 7:30 a.m., Lakeside United Methodist Church Community Room, 14970 Lakeside Road, Lakeside, MI

If you want to visit other district 6360 club meetings, log into DacDb, at the top left, click on Clubs, then a full listing of clubs will appear and now look left again under Where Clubs Meet and you will see all days, times, google map, list of club officers and more.

ST. JOSEPH-BENTON HARBOR ROTARY CLUB FOUNDATION PLEDGE DRIVE

J.C. Anderson helped us kick off the year with a \$270,000 challenge. In honor of our 100-year anniversary, the foundation board, with approval from the club board of directors, is asking Rotarians to consider making a five-year commitment to supporting the foundation.

Rotarians should expect to receive a letter in the mail with a suggested donation amount. You will have the opportunity to commit to that amount, pledge a different amount, or let us know that this is not a good time for you to make a donation. We do ask that all Rotarians complete the form and return it so that we 100% participation in the campaign.

The fundraising totals will be shared at the 100th Anniversary Celebration on June 16, 2018 but we are asking that all pledge forms be returned by March 31, 2018.





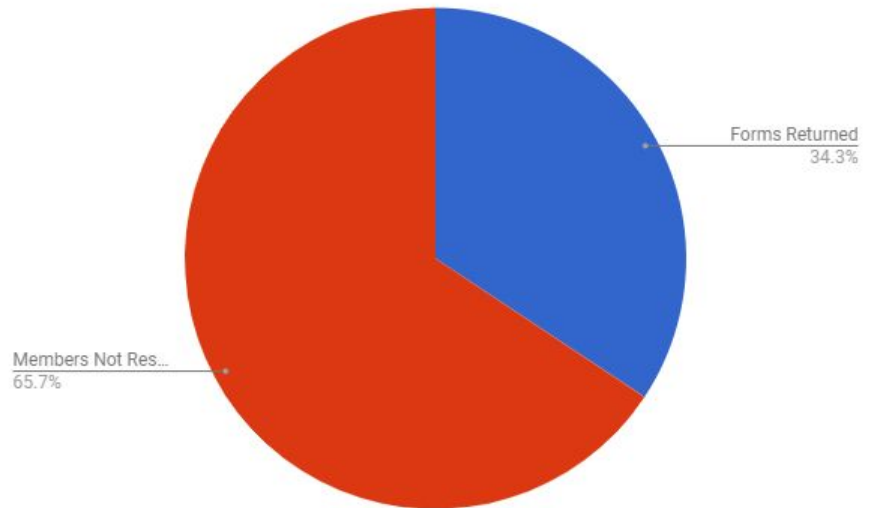
St. Joseph-Benton Harbor Rotary Club Foundation ~ Making a local difference...forever!

CLUB HIGHLIGHTS

- ❖ 1918 - founded with 16 members
 - \$5.20 Annual Dues
 - 75¢ Dinner
- ❖ 1958 - initiated Track Meet
- ❖ 1981 - initiated St. Joseph-Benton Harbor Rotary Club Foundation
- ❖ 1985 - initiated focus on worldwide polio prevention (Polio Plus)
- ❖ 1987 - women initiated into club
- ❖ 2003 - BioSand water filter project initiated for the Dominican Republic
- ❖ 2007 - initiated Rotary Student Program to mentor high school students
- ❖ 2012 - initiated Interact Club program
- ❖ 2018 - 100th Anniversary with 140 members
 - \$235 Annual Dues
 - \$11.00 Lunch

SJBHRC FOUNDATION 2018 PLEDGE DRIVE UPDATE

- 137 Club Members
- 47 Forms Returned
- 90 Members Not Responded



Regardless of making a pledge or not, we still need your form to have a full accounting of the Fund Drive. We ask that all forms are turned in by March 31.

56 AGENCIES HAVE RECEIVED GRANTS

- | | | |
|---|-----------------------------------|------------------------------------|
| American Youth Soccer Org | Curious Kids Museum | Sex Can Wait, Inc. |
| Andrews University | Disability Network of SWMI | Sheriff's Department |
| Area Agency on Aging | Feeding America West Michigan | Silver Beach Carousel |
| Berrien County Association of Churches | Gateway | St. Augustine of Canterbury Church |
| Berrien County Council for Children | Habitat for Humanity | St. Joseph Charter Township |
| Berrien County Health Department | Healing Paws | St. Joseph Public Schools |
| Berrien County Historical Society | Heritage Museum & Cultural Center | St. Joseph School Planetarium |
| Berrien County Parks Department | Hospice at Home | Soup Kitchen |
| Berrien Families Plus | Junior Achievement | Southwest Michigan Symphony |
| Boys & Girls Club | Lakeland Health Foundation | Southwest Michigan Soccer Club |
| Benton Harbor Area Schools | Lest We Forget | The Bark Angels |
| Calling All Colors | Little Squirt | The Salvation Army |
| Child & Family Services | Literacy Council | United Way of Southwest Michigan |
| Citizens Mediation Service, Inc. | LOGAN Autism Learning Center | Water Street Glassworks |
| City of St. Joseph | Overflow Christian Community | Western Michigan University |
| Community Partnership for Lifelong Learning | Ready Tae Kwon Do | Winning, Inc. |
| Cornerstone Alliance | Sarett Nature Center | YMCA |
| Council for World Class Community | Senior Nutrition Services | YWCA |

SJBHRC FOUNDATION HIGHLIGHTS

- ❖ 1981 - SJBHRC Foundation founded to help make an impact in our community
- ❖ 1985 - \$400,000 challenge to membership
- ❖ 1997 - \$400,000 balance achieved and two grants awarded
- ❖ 2008 - \$835,000 pledged to grow SJBHRC Foundation in celebration of Club's 90th Anniversary
- ❖ 2016 - \$772,650 granted to 53 agencies since 1997
- ❖ 2017 - \$1,480,000 balance
- ❖ 2018 - \$??? pledged to grow SJBHRC Foundation in celebration of Club's 100th Anniversary!

NOT JUST HORISING AROUND (CONTINUED)

TEC provides many benefits for participants. They might notice increased muscle strength and tone and that overly tight muscles are more able to relax. There may also be increases to range of motion. They have improved confidence and self-esteem, increased balance and mobility, and a greater ability to focus and stay on task. TEC can be used to teach school objectives and develop vocabulary and aid in problem solving abilities. Behavioral improvements are also often noted among participants.

All TEC instructors are certified by PATH (Professional Association of Therapeutic Horsemanship) International, are CPR and First Aid trained, and are experienced in horse handling. All instructors also have many years experience teaching individuals with different levels of ability.

Saddle STARS, one of the school based programs, is a partnership with Berrien RESA and Blossomland Learning center. STARS stands for Safety, Teamwork, Attitude, Respect = Success. Teacher Jenny Moskalik says that "Saddle STARS has taught my students many lessons such as responsibility for self and others, teamwork and most importantly gave them the confidence to try new experiences and expand their world."

The Ride with Pride program works with Berrien RESA's Lighthouse Education Center's positive behavior support program to supplement classroom activities to bring students up to grade level and allow them to transition back into local districts.

The TEC with VETS program is made possible by a grant from the Stephen E. Upton "Love Your Community" grant through Berrien Community Foundation. Kevin Casey, a TEC board member, spoke about the TEC with VETS program based on his personal experience.

Kevin first served in Desert Storm and then again after 9/11 with three tours in Iraq and two in Afghanistan. After retiring from the military, he needed something more exciting in his life than just going to work every day. He joined a no kill hunt club and found that he enjoyed riding the horses fast but quickly discovered that the benefits went beyond just that. With the horse, he found his "battle buddy"--someone with whom he had to build a personal connection and mutual respect.

Beyond excitement and connection, TEC can also be particularly helpful for veterans that are struggling with PTSD and/or depression and want an alternative therapy to medication.

Interested in getting involved with TEC? There are a number of ways to volunteer:

- Therapeutic riding lessons
- Day at the farm for Saddle STARS & Ride with Pride
- TEC with Vets
- Chores, facility maintenance
- Barn clean up and horse spa days
- Committees: Personnel, Financial, Facility, PR, Volunteer, Programming
- Fundraising events
- Website management
- Newsletter contributions

TEC volunteer training sessions are scheduled for Tuesday, March 27 (Part 1) and Wednesday, March 28 (Part 2). Both sessions start at TEC at 6:00 PM. To register or if you have any questions, contact Beth Drollinger, TEC Volunteer Coordinator at 269-932-5005 or by email at beth.drollinger@gmail.com.

Donations are also greatly appreciated and accepted. These can include in-kind or monetary donations as well as giveback nights at local restaurants or gift cards to local merchants like Family Farm & Home and Tractor Supply.

WANT TO CONTRIBUTE TO THE eWHEEL?

Your weekly email is brought to you by Emily Kirchner, Brandi Smith-Gordon, and Lisa Cripps-Downey with photography by Jen Cole. If you have an announcement, a bit of news you wish to share, or a story you wish to see featured, please write to RotarySJBH@gmail.com.

Connect with the Rotary Club of St.

Joseph-Benton Harbor

online at www.sjbhrotary.org



[Like us on Facebook!](#)

ROTARY CLUB OF ST. JOSEPH-BENTON HARBOR 2017-2018 CLUB COMMITTEES

CLUB LEADERSHIP

President: Rick Villa
President-Nominee: Wendy Edwards
Treasurer: Steve Ross

President-Elect: Debra Trapikas
Immediate Past President: Stephen Smith
Secretary: Janice Ferguson

Board of Directors: Dwight Bowman, Matt Hanley, Nicole Heugel, Jackie Huie, Charles Jespersen, Maria Kibler, Emily Kirchner, Lori Marciniak and Mary Spiegel

CLUB ADMINISTRATION Rick Villa	CLUB & COMMUNITY SERVICE Patti Kutz	MEMBERSHIP Charles Jespersen (Interim)
<p>50/50 Raffle - Jim Roberts (interim), Joen Brambilla, Rachel Damaske, Julie Duensing, Wendy Edwards, Jan Ferguson, Jennifer Gardner, Ron Goos, Melissa Hahn, Donna Howard, Cindy Igoe, Patti Kutz, Adam Lieberman, John Olson, Jim Roberts, Therese Saggau, Chuck Wells, Autumn Zick, Mark Zielke</p> <p>Music - Allan Westmaas & Dennis Bowen, Dwight Bowman, Kurt Marzke, Christine Vanlandingham, Janet Zielke</p> <p>Sergeant-At-Arms - Matt Hanley, Randy Bettich, Bill Downey, Sean Ebbert, Kurt Marzke, Mike Peirce, Mary Spiegel, Tom Watson, Russ Zick</p> <p>Programs - Wendy Edwards</p> <p>Invocation - Dave Kirshenbaum, Randy Bettich, Dennis Bowen, Chad Deja, Wendy Edwards, Lynn Kellogg, Patti Kutz, Lori Marciniak, Jim O'Malley, Christine Vanlandingham, Char Wenham, Allan Westmaas</p>	<p>St. Joseph-Benton Harbor Rotary Club Foundation - Maria Kibler (President), Bob Judd (Secretary), Steve Ross (Treasurer), Lisa Cripps-Downey, Mike Hanley, Mike Huie, Mike Kinney, Dale Park, Steve Smith, Tom Starks, Char Wenham</p> <p>St. Joseph-Benton Harbor Rotary Club Foundation Investments - Mike Cook, Randy Bettich, Rick Dyer, Bob Judd, Mike Kinney, Steve Ross, Allan Westmaas</p> <p>Adopt-A-Highway - Steve Smith</p> <p>Bell Ringing - Sean Ebbert</p> <p>Celebrate Rotary - Will resume in 2019</p> <p>Law Day - Steve Smith</p> <p>Rural Ag Day - Art Cotter</p>	<p>Diversity - Dwight Bowman</p> <p>Membership - Dwight Bowman, Rich Burling, Rachel Damaske, Julie Duensing, Wendy Edwards, Jan Ferguson, Matt Hanley, Jackie Huie, Charles Jespersen, Lynn Kellogg, Debra Trapikas, Christine Vanlandingham</p> <p>Orientation - Lynn Kellogg & Christine Vanlandingham</p>
		YOUTH SERVICE Jackie Huie & Maria Kibler
		<p>Essay Contest - Jacqui Winship, Bill Benner, Dave Kirshenbaum, Patti Kutz, (Judges: Joen Brambilla, Ann Cardon, Lisa Cripps-Downey, Nicole Heugel, Donna Metz, Jim O'Malley, Jack Sukup, Janet Zielke)</p>
INTERNATIONAL INITIATIVES Mike Kinney	PUBLIC IMAGE Emily Kirchner	<p>Interact - Maria Kibler, Steve Borre, Mary Frey, Jackie Huie, Cindy Igoe, Marian Rosko Titus</p>
<p>Bio-Sand Water Filter Project - OPEN</p> <p>International Foundation & Polio Plus - Tom Chapman</p> <p>International Initiatives - Mike Kinney, Wendy Edwards, Jan Ferguson, Mary Frey, Charles Jespersen, Prudy Nelson, Mary Spiegel</p>	<p>eWheel Newsletter - Emily Kirchner, Lisa Cripps-Downey, Brandi Smith-Gordon</p> <p>Membership Directory - Chris Newland, Robyn Johnson</p> <p>Photographer - Jen Cole</p> <p>Public Relations - Emily Kirchner</p>	<p>Rotary Student Program - Jackie Huie, Kristi Aubrey, Mary Frey, Mike Huie, Maria Kibler, Trevor Kubatzke, Dave Peterson, Steve Smith, Rick Villa</p> <p>RYLA - Lori Marciniak</p> <p>Track Meet - Randy Bettich, J.C. Anderson, Dennis Bowen, Jim O'Malley</p>
AD HOC COMMITTEES	<p>Website & Social Media - Emily Kirchner</p>	<p>Track Meet Scholarship - Dennis Bowen, Brian Berger, Joen Brambilla, Bill Marohn, Jim Marohn, Mary Kynast, Christine VanLandingham</p>
<p>Celebrating a Century of Service - Dave Peterson, Debra Trapikas, Wendy Edwards, Jan Ferguson, Mary Frey, Charles Jespersen, Matt Hanley, Nicole Huegel, Tom Watson</p>		<p>Youth Exchange - Kristi Aubrey, Debra Trapikas</p>